


# June 2010

## Minnetonka Freshmen Football – “Win Forever!”

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		<b>1</b>	<b>2</b> Spring Strength & Conditioning Program 3:00-4:45 PM	<b>3</b>	<b>4</b> Last Day of Spring Conditioning Program 3:00-4:45 PM	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> Last Day of School	<b>11</b>	<b>12</b>
<b>13</b> <b>Equipment Issue</b> 12 <sup>th</sup> - 5:00-5:30 PM 11 <sup>th</sup> - 5:30-6:00 PM 10 <sup>th</sup> - 6:00-6:30 PM 9 <sup>th</sup> - 6:30-7:00 PM Football Locker Room Door 31S	<b>14</b> Summer Strength & Conditioning Program Begins (9:00-11:00 AM)  <b>Equipment Issue</b> Grades 9-12 5:00-6:00 PM Football Locker Room Door 31S	<b>15</b> <b>“O” &amp; “D” Camp</b> 8:00-8:45 AM Meeting 9:00-11:00 AM Practice 11:15-Noon Lunch Noon-12:30 PM MTG 12:45-2:45 PM Practice	<b>16</b> <b>“O” &amp; “D” Camp</b> 8:00-8:45 AM Meeting 9:00-11:00 AM Practice 11:15-Noon Lunch Noon-12:30 PM MTG 12:45-2:45 PM Practice	<b>17</b> <b>“O” &amp; “D” Camp</b> 8:00-8:45 AM Meeting 9:00-11:00 AM Practice 11:15-Noon Lunch Noon-12:30 PM MTG 12:45-2:45 PM Practice	<b>18</b> Summer Strength & Conditioning Program (9:00-11:00 AM)  <b>Jeff Trickey QB Camp</b> Session 1 2:00-6:00 PM	<b>19</b> <b>Jeff Trickey QB Camp</b> Session 1 8:00 AM-Noon  Session 2 2:00-6:00 PM
<b>20</b> <b>Jeff Trickey QB Camp</b> Session 2 9:00 AM-1:00 PM	<b>21</b> Summer Strength & Conditioning Program (9:00-11:00 AM)  <b>Jeff Trickey QB Camp</b> Session 3 9:00 AM-1:00 PM	<b>22</b> <b>Summer Practice 8:00-9:30 AM Stadium</b>  <b>Mind &amp; Body 10:00-11:00 AM</b>  <b>Jeff Trickey QB Camp</b> Session 3 8:00 AM-Noon	<b>23</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>24</b> <b>Summer Practice 8:00-9:30 AM Stadium</b>  <b>Mind &amp; Body 10:00-11:00 AM</b>	<b>25</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>26</b>
<b>27</b>	<b>28</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>29</b> <b>Summer Practice 8:00-9:30 AM Stadium</b>  <b>Mind &amp; Body 10:00-11:00 AM</b>  <b>5<sup>th</sup> &amp; 6<sup>th</sup> Grade Passing League 10:00-11:30 AM</b>  <b>7<sup>th</sup> &amp; 8<sup>th</sup> Grade Top Gun 10:00 AM-Noon</b>	<b>30</b> Summer Strength & Conditioning Program (9:00-11:00 AM)			

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<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				<b>1</b> MSHSL "No Contact" Period  No Practice  7 <sup>th</sup> & 8 <sup>th</sup> Grade Passing League 10:00-11:30 AM	<b>2</b> MSHSL "No Contact" Period  Weight Room Closed	<b>3</b>
<b>4</b>	<b>5</b> MSHSL "No Contact" Period  Weight Room Closed	<b>6</b> MSHSL "No Contact" Period  No Practice  5 <sup>th</sup> & 6 <sup>th</sup> Grade Passing League 10:00-11:30 AM  7 <sup>th</sup> & 8 <sup>th</sup> Grade Top Gun 10:00 AM-Noon	<b>7</b> MSHSL "No Contact" Period  Weight Room Closed	<b>8</b> Summer Practice 8:00-9:30 AM Stadium Field  Mind & Body 10:00-11:00 AM  7 <sup>th</sup> & 8 <sup>th</sup> Grade Passing League 10:00-11:30 AM	<b>9</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>10</b>
<b>11</b>	<b>12</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>13</b> Summer Practice 8:00-9:30 AM Stadium Field  Mind & Body 10:00-11:00 AM  5 <sup>th</sup> & 6 <sup>th</sup> Grade Passing League 10:00-11:30 AM  7 <sup>th</sup> & 8 <sup>th</sup> Grade Top Gun 10:00 AM-Noon	<b>14</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>15</b> Varsity – 7 on 7 vs. Coon Rapids, Osseo, Lakeville North. 9:00-11:00 AM @ Lakeville North HS  Mind & Body 10:00-11:00 AM  7 <sup>th</sup> & 8 <sup>th</sup> Grade Passing League 10:00-11:30 AM	<b>16</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>17</b>
<b>18</b>	<b>19</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>20</b> Summer Practice 8:00-9:30 AM Stadium Field  Mind & Body 10:00-11:00 AM  5 <sup>th</sup> & 6 <sup>th</sup> Grade Passing League 10:00-11:30 AM  7 <sup>th</sup> & 8 <sup>th</sup> Grade Top Gun 10:00 AM-Noon	<b>21</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>22</b> Varsity – 7 on 7 vs. Coon Rapids, Osseo, Lakeville North. 9:00-11:00 AM @ Minnetonka HS – Stadium Field  Mind & Body 10:00-11:00 AM  7 <sup>th</sup> & 8 <sup>th</sup> Grade Passing League 10:00-11:30 AM	<b>23</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>24</b> Ray Guy Kicking, Punting, and Long Snapping Camp 9:00 AM-4:00 PM
<b>25</b>	<b>26</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>27</b> Summer Practice 8:00-9:30 AM Stadium Field  Mind & Body 10:00-11:00 AM  Championship 5 <sup>th</sup> & 6 <sup>th</sup> Grade Passing League 10:00-11:30 AM  7 <sup>th</sup> & 8 <sup>th</sup> Grade Top Gun 10:00 AM-Noon	<b>28</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>29</b> Summer Practice 8:00-9:30 AM Stadium Field  Mind & Body 10:00-11:00 AM  Championship 7 <sup>th</sup> & 8 <sup>th</sup> Grade Passing League 10:00-11:30 AM	<b>30</b> Summer Strength & Conditioning Program (9:00-11:00 AM)	<b>31</b>
					